

MENU UGE/WEEK 37

MANDAG/MONDAY

Bagt kyllingeoverlår med citron, oliven & gremolata

Baked chicken thighs with lemon, olives & gremolata

VEGANSK/VEGAN

Bønnecassoulet

Bean cassoulet

Stegte kartofler

Fried potatoes

TIRSDAG/TUESDAY

Svinekød i rød karry med grøntsager

Pork in red curry with vegetables

VEGANSK/VEGAN

Tempeh i rød karry med grøntsager

Tempeh in red curry with vegetables

Ris

Rice

ONSDAG/WEDNESDAY

Cremet pasta med blåmuslinger, fennikel, tomat & dild

Creamy pasta with mussels, fennel, tomato & dill

VEGETARISK/VEGETARIAN

Vegetarisk lasagne

Vegetarian lasagna

TORSDAG/THURSDAY

Kalvefrikadeller & stuvet kål

Veal meatballs & stewed cabbage

VEGETARISK/VEGETARIAN

Velouté med grønne bønner, bagt løg, estragon & citron

Velouté with green beans, baked onions, tarragon & lemon

KAGE/SØDT

CAKE/SWEET

FREDAG/FRIDAY

Chili con carne

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VEGETARISK/VEGETARIAN

Huevos rancheros

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Ris, cremefraiche, jalapenos & chips

Rice, sour cream, jalapenos & chips

Hver dag serveres et udvalg af 2-3 pålægsvarianter med tilbehør & hjemmesylt, 3-4 fyldige salater, ost, 2 slags brød, palæobrød & hver torsdag serveres kage i stedet for ost

Every day a selection of 2-3 cold cuts is served with side dishes & homemade pickled garnish, 3-4 rich salads, cheese, 2 kinds of bread, paleo bread & every Thursday cake is served instead of cheese