

MENU UGE/WEEK 18

SKELBÆKGADE

MANDAG/MONDAY

Oksekød i sataysauce

Beef in satay sauce

VEGANSK/VEGAN

Tempeh i sataysauce

Tempeh in satay sauce

Dampede ris med paprika

Steamed rice with paprika

TIRSDAG/TUESDAY

Pasta i krydret tomatsauce med chorizo, padronpeber & spinat

Pasta in spicy tomato sauce with chorizo, padron pepper & spinach

VEGETAR/VEGETARIAN

Melanzane alla parmigiana

Melanzane alla parmigiana

ONSDAG/WEDNESDAY

Nakkekam med romanesco & fennikel

Neck comb with romanesco & fennel

VEGANSK/VEGAN

Spansk linsegyde med squash, fennikel & mandler

Spanish lentil casserole with squash, fennel & almonds

Stegte kartofler

Fried potatoes

TORSDAG/THURSDAY

Massaman karry med kylling & kartofler

Massaman curry with chicken & potatoes

VEGANSK/VEGAN

Massaman karry med kikærter & kartofler

Massaman curry with chickpeas & potatoes

Ris

Rice

KAGE/SØDT

CAKE/SWEET

FREDAG/FRIDAY

Chili con carne

Chili con carne

VEGANSK/VEGAN

Chili sin carne

Chili sin carne

Ris, cremefraiche, tortilla chips & jalapenos

Rice, sour cream, tortilla chips & jalapenos

Hver dag serveres et udvalg af 2-3 pålægsvarianter med tilbehør & hjemmesylt, 3-4 fyldige salater, ost, 2 slags brød, palæobrød & hver torsdag serveres kage

Every day a selection of 2-3 cold cuts is served with side dishes & homemade pickles, 3-4 rich salads, cheese, 2 kinds of bread, paleo bread & every Thursday cake is served